



Results: Circle Center Adult Day Services

Circle Center Adult Day Services has the goal that frail and impaired older adults and their family caregivers, who participate actively in the program, will experience an enhanced quality of life allowing families to remain together as long as possible.

Results from 7/10 through 6/11 include:

- ❖ 100% (114/114) of those served met the criteria for nursing home care, but used adult daycare at Circle Center instead. They were able to live at home 26,763 days longer at a savings to their family and taxpayers of at least \$4,031,485.
- ❖ Family caregivers (56/76) also reported improved quality of their lives:
 - 98% reported Circle Center helped them cope
 - 100% said the Center met their needs for help with caregiving
 - 98% reported use of the Center's support and educational resources
 - 95% reported the Center helped them maintain valued life roles such as worker, caregiver, and volunteer and church member

**CIRCLE CENTER ADULT DAY SERVICES
2010-2011 Participant Profile**

DEMOGRAPHICS

114 served in July 2010 – June 2011
74% Women; 26% Men
50% Caucasian; 47% African American; 1% Asian 2% Other
Jurisdictions served: City of Richmond and Hopewell, Counties of Henrico,
Hanover, Chesterfield, and Goochland

Ages <55 2.0%
55-59 4.4%
60-64 3.5%
65-69 5.3%
70-74 8.8%
75-84 36.9%
>85 39.4%

LIVING ARRANGEMENTS

100% could not live alone
61% lived with a child
27% lived with a spouse
9% lived with other relatives such as siblings, grandchildren, cousins,
friend/significant other
71% lived with working caregivers
18% lived with caregivers >75 years old or in frail health themselves

**NEEDS MET AT
CIRCLE CENTER**

100% were dependent in more than one ADL (bathing, dressing,
toileting, eating, ambulation) or had cognitive/emotional
limitations which affect judgment and safety
100% were transportation dependent
66% had mid and late stage dementia (Alzheimer's or multi-infarct)
26% had experienced strokes and/or continued to have TIA's
68% had hypertension requiring regular monitoring
44% had other cardiac/circulatory diagnoses requiring monitoring
20% had been diagnosed with depression, anxiety or psychosis
32% were diabetic
61% used a wheelchair, walker and/or cane
86% needed help with toileting
74% were incontinent or continence is controlled through scheduled
voiding
60% needed help to eat or had to be fed
33% required medication while at the Center
23% required physician prescribed special diets

SERVICES PROVIDED

15,122 Days of weekday and Saturday adult daycare
3,674 Formal therapeutic activity groups
3,838 Memory Lane visits; and 636 Snoezelen visits
4,056 Wellness Program visits
99 Showers provided on-site
112 Therapy visits coordinated on-site with JFS
5,963 Doses of medication administered
5,102 Breakfasts served; and 14,895 Lunches served

CASELOAD:

76 Average caseload each week
58 Average attendance each weekday
12 Average attendance each Saturday