



## Results: Circle Center Adult Day Services

- ◆ Circle Center Adult Day Services has a goal that frail and impaired older adults and their family caregivers, who participate actively in the program, will experience an enhanced quality of life allowing families to remain together as long as possible.

Results from 7/09 through 6/10 include:

- ❖ 100% (124/124) of those served met the criteria for nursing home care, but used adult daycare at Circle Center instead. They were able to live at home 30,271 days longer at a savings to their family and taxpayers of at least \$4,345,902.
- ❖ Family caregivers (58/76) also reported improved quality of their lives:
  - 100% reported Circle Center helped them cope
  - 100% said the Center met their needs for help with caregiving
  - 98% reported use of the Center's support and educational resources
  - 95% reported the Center helped them maintain valued life roles such as worker, caregiver, volunteer and church member

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**CIRCLE CENTER ADULT DAY SERVICES  
2009-2010 Participant Profile**

**DEMOGRAPHICS**

124 served in July 2009 – June 2010  
74% Women; 26% Men  
49% Caucasian; 49% African American; 1% Asian 1% Other  
Jurisdictions served: City of Richmond, Counties of Henrico, Hanover,  
Chesterfield, Goochland, Powhatan and Charles City

Ages <55 0.0%  
55-59 2.4%  
60-64 4.9%  
65-69 8.9%  
70-74 10.5%  
75-84 41.9%  
>85 31.5%

**LIVING ARRANGEMENTS**

100% could not live alone  
61% lived with a child  
26% lived with a spouse  
7% lived with other relatives such as siblings, grandchildren, cousins,  
friend/significant other  
73% lived with working caregivers  
13% lived with caregivers >75 years old or in frail health themselves

**NEEDS MET AT  
CIRCLE CENTER**

100% were dependent in more than one ADL (bathing, dressing,  
toileting, eating, ambulation) or had cognitive/emotional  
limitations which affect judgment and safety  
100% were transportation dependent  
65% had mid and late stage dementia (Alzheimer's or multi-infarct)  
23% had experienced strokes and/or continued to have TIA's  
65% had hypertension requiring regular monitoring  
43% had other cardiac/circulatory diagnoses requiring monitoring  
23% had been diagnosed with depression, anxiety or psychosis  
32% were diabetic  
41% used a wheelchair, walker and/or cane  
79% needed help with toileting  
62% were incontinent or continence is controlled through scheduled  
voiding  
45% needed help to eat or had to be fed  
33% required medication while at the Center  
27% required physician prescribed special diets

**SERVICES PROVIDED**

15,731 Days of weekday and Saturday adult daycare  
3,560 Formal therapeutic activity groups  
4,689 Memory Lane visits; and 654 Snoozelen visits  
4,667 Wellness Program visits  
119 Showers provided on-site  
175 Therapy visits coordinated on-site with IVNA  
6,022 Doses of medication administered  
4,985 Breakfasts served; and 15,259 Lunches served

**CASELOAD:**

81 Average caseload each week  
60 Average attendance each weekday  
12 Average attendance each Saturday